

Girls/Boys Under 8 and 9

Tournament Team Tryouts

Note to Raters: Rate on a 1 to 6 basis with 6 being the best score. This allows you to divide the scoring up into 3 levels but still to differentiate within each level.

Remember you are comparing children at the same age level not against older or more experienced players

Warm Up

Stretching

Split Group into 2 and send 1/2 to do sprints and the other half to ball handling. This will work if we have enough non-evaluators to time the girls.

If numbers permit, all evaluators will watch each group as they go. If not we will have two evaluators watch one group and two watch a second group and then switch off.

Ball Handling

What to Look For: To see in general who can handle the ball with all parts of the foot, change direction and keep head up .

Time: About 20 minutes

SetUp: Each Player with a Ball. Cones as shown in Figure 1.
Set up three (3) or more sets of cones

Evaluators One or two evaluators per cone setup. Evaluators do not move. Players switch cone sets. In that way each evaluator sees all of the children and the children get more than one opportunity at the skill. Player should call out his/her number as they start.

Look for driving between cones.

Look for control at the cones (the ball doesn't get away from them)

Look for ball control in the turn.

Execution: Player dribbles to first set of cones and goes around controlling ball with inside of right foot.

At second set of cones player use inside of left foot. At third set he/she again uses inside right.

If time/skill permits you can see if the players can use the outside of the foot to go around the cones.

Each player should go to each cone setup.

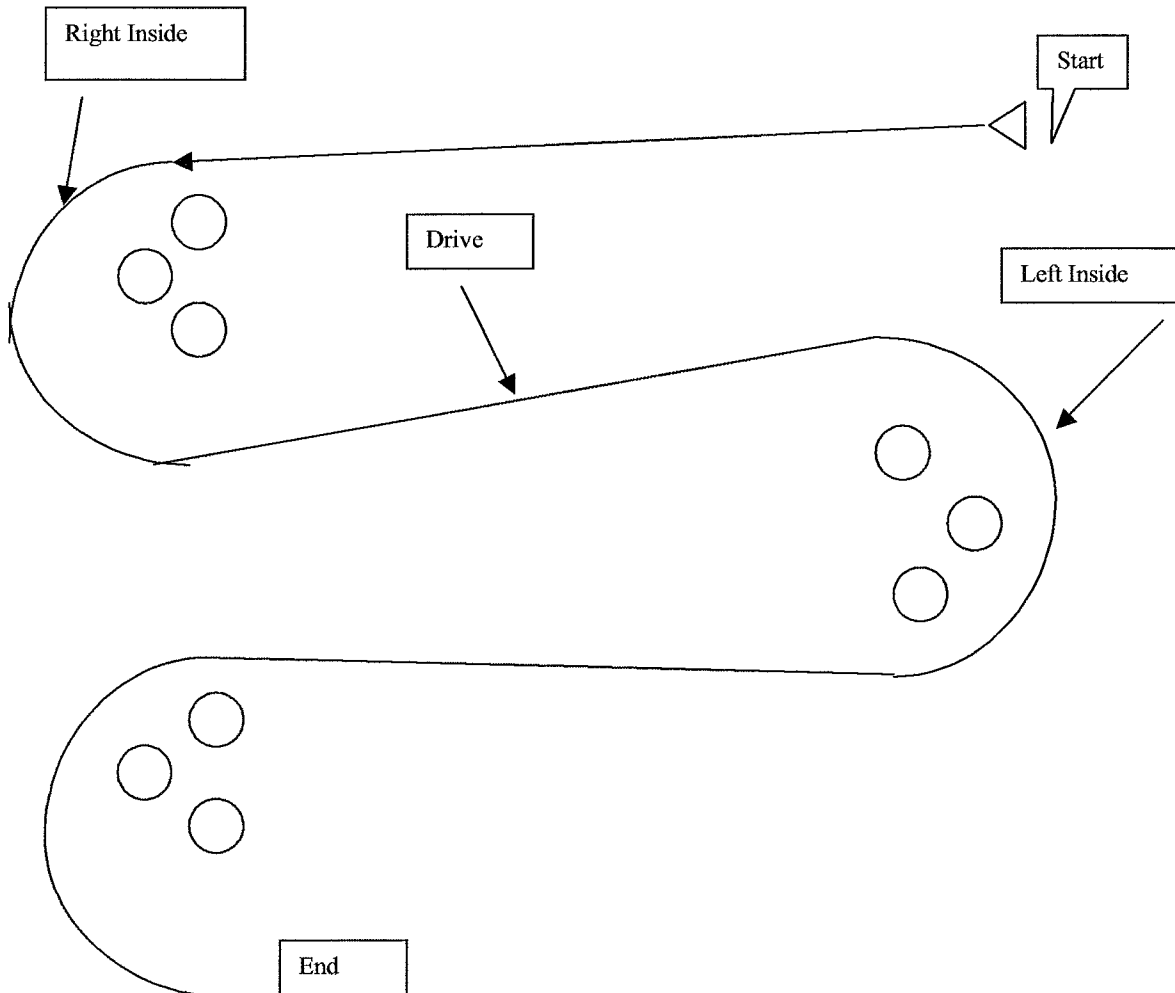


Figure 1

Passing and Receiving I

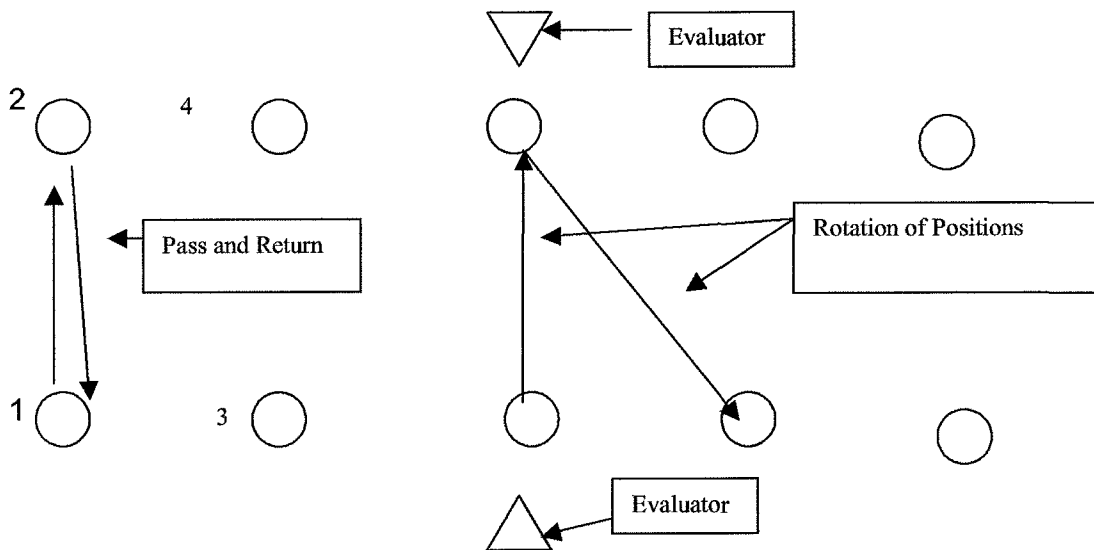
What to Look For: To see if players use both feet to trap and pass.

Time: About 20 minutes

SetUp: Two (2) parallel lines 5 to 8 yards apart. One player with a ball, the other without.

Evaluators One set behind one line. One set behind the other. Watch five kids at a time.

Look for passing and receiving with both feet
Look for trapping the ball and setting up for a return pass
Look for pass speed and accuracy
Look for control on the trap



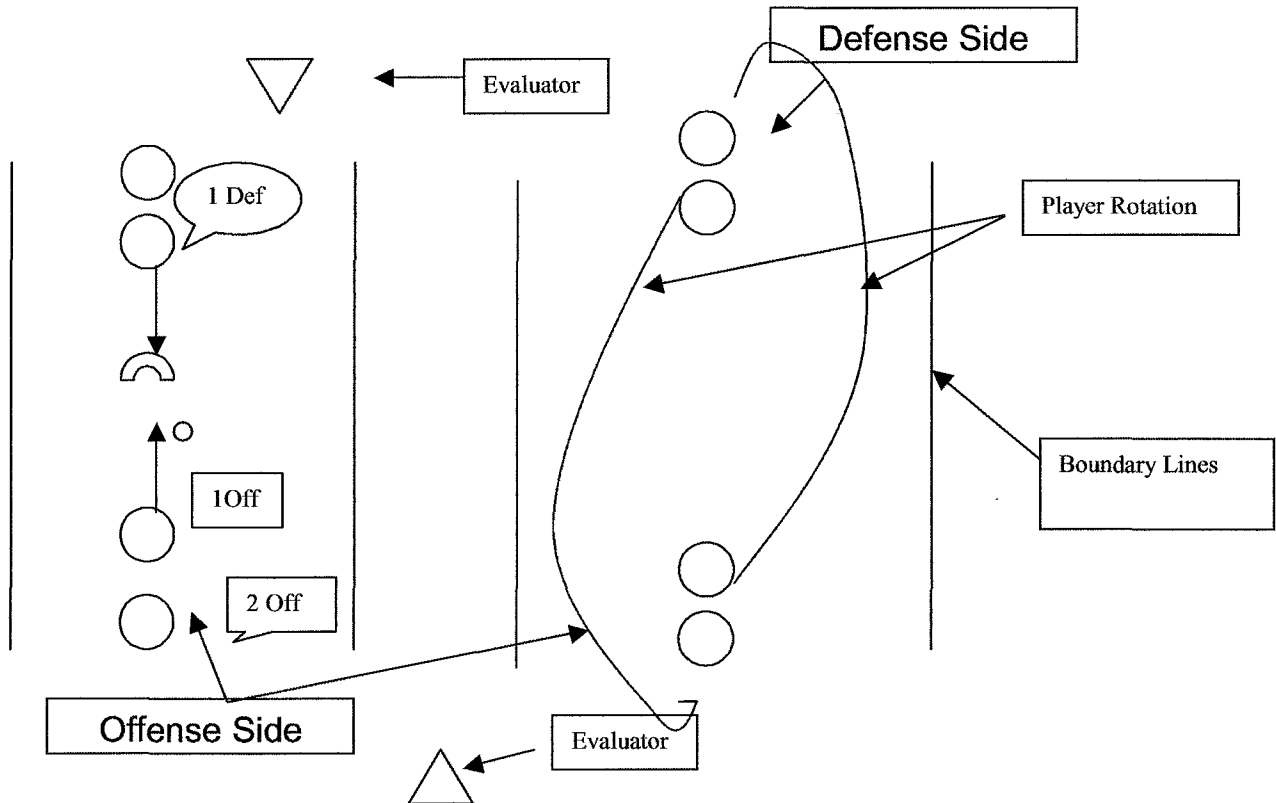
Execution: Players each make ten (10) passes to their first partner and ten (10) returns. Then 1 goes to 2, 2 goes to 3, 3 goes to 4 etc. etc. until 10 goes back to 1. In that way the evaluators on either side get to see all ten (10) players pass and receive the ball

One on One Attacker vs Defender

What to Look For: To see who has one on one skills.

Time: About 15 minutes

Setup: Define boundary lines



Evaluators: Evaluators stay behind the lines and have the players come to them in the first round. Each evaluator has one (1) field. Players will switch from offense to defense. After all 4 (or 6 or 8) players in a group have gone on offense once, evaluators switch side of the field to watch the opposite group. (i.e. the evaluator looking at the offense side switches and watches the defense)

Execution: Player on offense side tries to beat player on defense without going out of bounds. Once player wins, or loses ball, play ends. Players then switch sides (offense goes to defense, defense to offense)

Everyone gets 2 tries so that both evaluators get to watch them do both skills.

Player should call out their number as they start play.

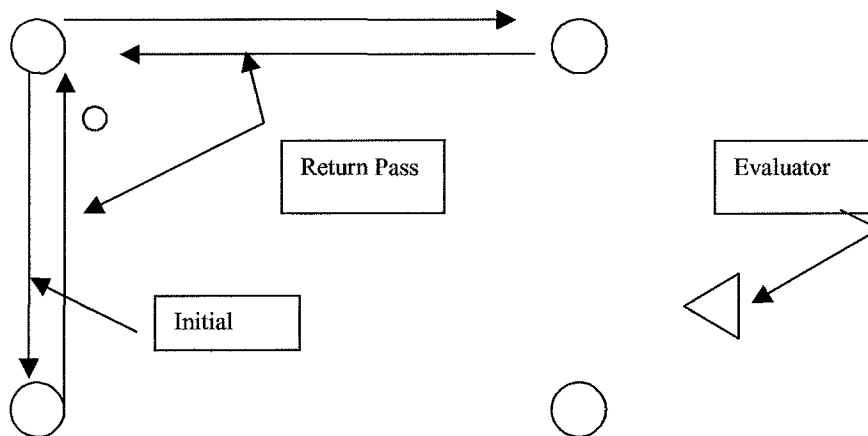
After both tries each group moves to the next grid (evaluator) and does it again

Passing and Receiving II

What to Look For: To see if players use both feet to trap and pass.

Time: About 20 minutes

Setup: Cones in a square grid. Set up at least 4 sets.
Three (3) players to a grid. One Ball



Execution: Each corner player makes 5 passes (center/apex player makes ten (10)) then all rotate position. Each player has to play at the apex of the triangle.

After all three (3) players have played all three positions they move on to next grid. Last group goes to back of the line of players waiting to get on to first grid. When everyone has gone through all 5 sets of grids (or 4 or 3 depending upon the number of evaluators) the drill is over.

Evaluators Evaluators do not move. The children come to them.
Have the players call out their numbers
Look for taking the ball with the correct foot.
Look for trapping the ball and setting up for a return pass
Look for pass speed and accuracy
Look for control on the trap

3 vs 3 Game or 4 vs 4

What to Look For: To find out who can play under pressure. Who can move the ball to an open teammate. Look for who can move without the ball.

Time: About 45 minutes

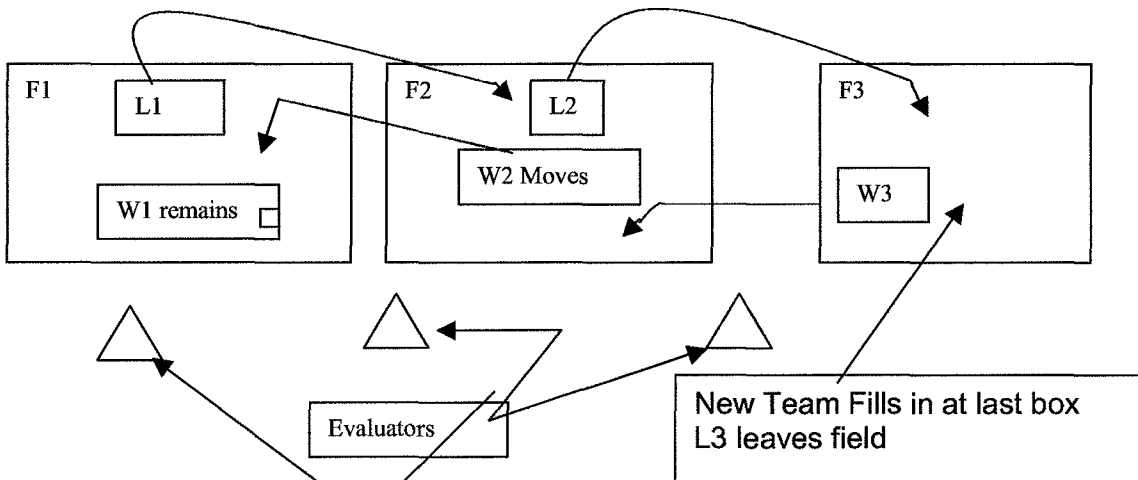
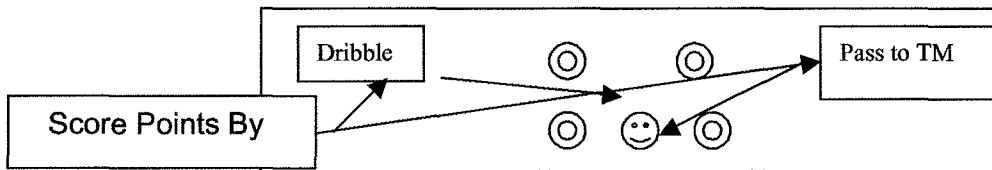
SetUp: This is a drill where we can do relegation. Start with 3 on 3 or 4 on 4 on five or six different fields.

Set up two sets of cones about 20 yards apart near the center of the field.

Points are score by passing through any set of cones to a teammate.

Point is scored by dribbling under control through a set of cones.

Winners move up



Evaluators: Look for team work, passing, heads up play and the array of foot skills we expect at this level.

Execution: After 5 points the winner moves up, the loser moves down. On the last field, the loser leaves the field and a new team moves in to play.

Evaluators watch 2 games on each field. The Evaluator 1 on field 1 moves to field 2. Evaluator 2 on field 2 moves to 3, etc,etc.