

GCYSL 2009

Rules of Play

Fields & Game lengths & referees

U6 – Gilmore School. Play 2 micro-games simultaneously. 5 players (including the goalie) on each field. Two 16 minute halves with a break midway in each half. Substitutions at break and halves. Players can retake bad throw-ins, but refs should provide guidance so that they learn how to do it correctly. All free kicks are indirect. No offside is to be enforced, but if a team has a player hanging out by the goal, they should be told not to do it. Teams down by 5 or more goals may add 1 additional player. **No sliding.** 1 referee per field. If there are not enough refs to cover all of the U6 games, a coach or parent should ref. Teams contain 12-14 players.

U8 – Scotten School. 7 players (including the goalie) on the field. Two 20 minute halves. Substitutions on team's throw-ins and all goal kicks and kick-offs. Players can retake bad throw-ins, but refs should provide guidance so that they learn how to do it correctly. All free kicks are indirect. No offside is to be enforced, but if a team has a player or players constantly and blatantly offsides, they should be told not to do it. Teams down by 5 or more goals may add an additional player. **No slide tackling.** 1 referee. Teams contain 10-13 players.

U10 – Hennessey and 7 Hills schools. 9 players (including the goalie) on the field. Two 25 minute halves. Substitutions on team's throw-ins and all goal kicks and kick-offs. Direct kicks are used, when appropriate. PKs are allowed for fields that have a penalty box marked. Offsides will begin to be enforced, but referees should work with the coaches and players to explain it. 1 "do-over" for bad throw-ins. **No slide tackling.** 2 referees. Teams contain 11-14 players.

U10 Metro/Class I/Girls –Hennessey schools. 9 players (including the goalie) on the field. Two 25 minute halves. Substitutions on team's throw-ins and all goal kicks and kick-offs. Direct kicks and PKs are used, offsides is enforced. **Slide tackling allowed.** 3 referees. 11-14 players.

U12 – Sierra College. 11 players (including the goalie) on the field. Two 30 minute halves. Substitutions on team's throw-ins and all goal kicks and kick-offs. Direct kicks and PKs are used, off sides is enforced. **No slide tackling.** 3 referees. Teams contain 14-18 players.

U14 – Mautino Park. 11 players (including the goalie) on the field. Two 35 minute halves. Substitutions on team's throw-ins and all goal kicks and kick-offs. Direct kicks and PKs are used, off sides is enforced. **No slide tackling.** 3 referees. Can run a two-person system.

*U12-U19 metro & class 1 games are at Bear River, Mautino & Ready Springs. FIFA Rules. Unlimited substitutions. Slide tackling allowed. 3 referees

*U12-U14 Girls games are at Bear River Upper field. Recreational soccer, 3 referees

Referees

Referees will be scheduled per the numbers above. In the case of a serious shortage of referees, there will be at least 1 scheduled referee for U10 recreational games & 2 referees for U12-U14 recreational games. Coaches will be notified if this can't happen. If you have not been notified and no referee shows up for your game, you should note that on the game card and turn the game card into the office. Teams are responsible to provide someone to referee the game in that situation, and they will be reimbursed the referee fee.

Substitutions

Per conditions above. The coach must ask for AND receive permission from the referee to substitute players. Players on the field must come off before new players go on.

Parent, Coach, & Player Conduct

Parents and coaches should stay near the center of the field (on their side), along the side line. No one is allowed by the endline or behind the goal. **The refs can excuse coaches for poor sportsmanship by either themselves or their parents. Coaches should be warned first as outlined in FIFA Rules.** The game will be terminated on a coaching send off. No slide tackling is allowed in any rec games. Players should be cautioned. The referee shall secure the player card of all send offs (red card). The Board will address any disciplinary action. The referee will complete the proper Send Off Report.

Cancellations

Cancellations due to rain or due to unsafe fields due to recent rain will be posted on the web page, the office answering machine (272-5357) and hopefully KNCO. Cancelled games due to rain will not be made up.

No coach can cancel or reschedule a game. Failure of a team to show up for a scheduled game will result in disciplinary action for the coach. In the spirit of sportsmanship, if a team is playing short due to lack of players, the other team should match them in numbers, or loan them some players.

Player ID cards

Players without laminated ID cards may NOT play, and only players registered to a team may play with that team, unless players are being loaned by the opposing team due to a shortage of players.

NEW FOR 2009: U6 and U8 teams will have a laminated goldenrod instead of individual player cards.

Uniforms/Safety

All players must ALWAYS wear shinguards completely covered by socks for games or he/she cannot play. No jewelry is allowed during games, including earrings. The only exceptions are medical bracelets and soft bracelets required for school. These must be taped. NOTHING else is allowed on the wrists.

No casts or braces/splints containing metal are allowed.

Per FIFA rules, no player can be on the field with blood on them or their clothing. They will need to leave the field until the blood is removed.

Players must wear the gold country blue/white reversible uniform. In case of inclement weather, they can wear matching sweats underneath. Players can have black or blue shorts and black or blue socks. Advise coaches if any discrepancies. The team can choose to have a different color sock as long as they all match.

Practice Fields

We schedule Sierra College, Mautino park, & the Nevada City School's fields because we have to pay for those fields. All other fields are first come – first served. Large fields should be reserved for the older teams; U12-U14. Ready Springs is reserved for Metro teams.

Field Use

We have the responsibility to leave the fields in good condition. Please ask your team to clean up for themselves at the end of practices and games. Use the porti-potties, not bushes. Please remember, no alcohol, tobacco, DOGS or bicycles are allowed at the field. Also remember, we're guests at all of these fields. School functions take first priority and any request by field personnel must be honored.

Field Set Up

Coaches are responsible for field set-up and tear down. This is listed on the schedule. Instructions are contained on the webpage for each field. The webpage also includes instruction for how to deal with setup for missed rain games.

Sponsorships

Each team is required to find a sponsorship of \$100 for the field development fund. Sponsors will receive a plaque